

- Job Title** : **School Health & Well-Being Coach**
- Service/Section** : School Sport & Physical Activity Network (SSPAN) & Sports College (Support Staff)
- Hours** : 5 days per week, 37 hours per week, term-time only– including some evenings and weekends. Contract to commence immediately (MARCH/APRIL 2019)
- Duration** : Temporary role until the end of the July – likely extension, subject to funding
- Grade** : **6 - Pay Award Pending April 2019**
Currently £23,866-£26,470 (full time salary)
£20,173 - £22,374 (pro rata salary)
- Base/Location** : Crown Hills Community College
- Responsible To** : School Sport Development Manager (SSDM) & Director of Sport/Assistant Principal
- Liaison With** : SSPAN Team, School, NGB partners, Local Authority, LRS/SSPAN, Health and other local delivery agencies.

Overall Purpose of this post:

Working on behalf of the Leicester City School Sport & Physical Activity Network Partnership, to plan, deliver and monitor a co-ordinated programme of high quality professional targeted and progressive physical activity/coaching sessions that support primary school colleagues to improve sustainability in the delivery of high quality and fully inclusive PE, physical activity & school sport. The delivery programme will also link with other agendas such as health and well-being, lifestyle and diet with an overall aim to inculcate positive life style habits

Further Detail:

You will be based at crown hills community college and supported by the SSPAN team. The work programme is substantially operational (75% delivery), requiring independent and reliable mobility.

MAIN OBJECTIVES:

1. To assist with the planning, co-ordination, promotion and delivery of health-related physical activity school sport projects i.e. Girls Active Lifestyles (Secondary & Primary), Energy Clubs (Key Stage 2), Sparx Clubs (Key Stage 1) Balanceability, Big Moves etc.
2. To undertake the direct delivery of sessions for targeted primary school children who do not regularly participate in physical activity and who may have health barriers to participation.
3. To assist with the planning, co-ordination, promotion and delivery of sporting opportunities for disabled / SEN young people including i.e. inclusive sports

coaching, inclusive sports roadshows, equipment loan scheme, inclusive and disability physical activity & sports events.

4. To assist with the planning, development, co-ordination, promotion and delivery of physical literacy and fundamental movement projects within secondary, special & primary schools.
5. To undertake the direct delivery of fundamental movement and physical literacy sessions in primary schools.
6. To assist with the planning, co-ordination, promotion and delivery of the Sporting Ambassadors/Leadership initiatives in conjunction with primary and secondary schools.
7. To assist with the planning, co-ordination and promotion of SSPAN-led CPD and training activities for schools as necessary.
8. To assist with the planning, co-ordination, promotion and delivery of SSPAN activities and events as necessary.
9. To assist with the planning, co-ordination, promotion and delivery of the School Sport Conference.
10. To liaise with and work effectively alongside schools and partner organisations in the delivery of activities and events.
11. To undertake monitoring and evaluation of projects as necessary and in line with funding requirements including participation data, case studies, questionnaires and interviews.
12. To assist with funding bids and other funding opportunities.
13. To positively represent and promote the Vision and Aims of Leicester City SSPAN at all times.
14. To undertake training and development opportunities as required and appropriate to the delivery of the above activities.
15. To contribute to the SSPAN website, social media, newsletter and any other media opportunities.

Any other duties commensurate with the overall scope of this position. This job description sets out the duties of the post at the time it was drawn up. The Principal may vary the duties from time to time without changing their general character or the level of responsibility entailed.

SKILLS, EXPERIENCE & QUALITIES

- Ability to work on your own initiative and be proactive, as well as being an effective team member
- Excellent interpersonal skills
- Strong organisational skills and ability to prioritise work
- Able to deal sensitively and appropriately with confidential information

Special Factors

Subject to the duration of the need, the special conditions given below apply:

- (a) The nature of the work may involve the post holder carrying out work outside of normal working hours.
- (b) The post holder may be required to attend, from time to time, training courses, conferences, seminars or other meetings as required by his/her own training needs and the needs of the service.
- (c) Access to own transport and ability to travel as required. Expenses will be paid in accordance with the Local Conditions of Service.
- (d) This post is subject to a check being carried out at an Enhanced level by the Criminal Records Bureau regarding any previous criminal record.

Leicester City Council is seeking to promote the employment of disabled people and will make any adjustments considered reasonable to the above duties under the terms of the Disability Discrimination Act 1995 to accommodate a suitable disabled candidate.

This job description sets out the duties and responsibilities of the post at the time when it was drawn up. Such duties and responsibilities may vary from time to time without changing the general character of the duties or the level of responsibility entailed. Such variations are a common occurrence and cannot themselves justify a reconsideration of the grading of the post.

Service/Section: Crown Hills C.C. – SSPAN/Sports College

Job Title: School Health and Well-Being Coach

Post Number: N/A

Band: 6

PERSON SPECIFICATION

	<u>Essential</u>	<u>Desirable</u>	<u>How Assessed</u>
<u>Qualifications</u>			
Recognised lead fitness / sports coaching / physical activity / teaching qualifications to at least Level 2 (if NGB or YMCA).	✓		Doc/App
Minimum of a level 3 qualification (e.g. A level, Btec National)	✓		Doc/App
Degree in PE/Sports related field		✓	Doc/App
Minimum of 1 years experience in a sports development/school sport role	✓		App
FUNDamentals of Movement qualification		✓	Doc/App
First aid qualification		✓	Doc/App
Minimum operating standard coaching qualifications i.e. Safeguarding and Protecting Children, Equity in Your Coaching, How to Coach Disabled People in Sport.		✓	Doc/App
Commitment to continuous professional development and willingness to undertake training where necessary	✓		Doc/App
<u>Experience in</u>			
Experience of delivering a range of fundamental movement, multi-skills, sports coaching or fitness based activity sessions	✓		App/Test
Experience of working with children in physical activity settings	✓		App/Int
Experience of working in school settings	✓		App/Int

PERSON SPECIFICATION

Experience of planning & co-ordinating physical activity programmes	✓		App/Test
Experience of monitoring and evaluating physical activity programmes	✓		App/Int
<u>Knowledge of</u>			
PE, Sport and Physical Activity (National, regional and local plans/policies)	✓		App/Int
Knowledge and understanding of child protection within sport including health & safety	✓		App/Int
Awareness & understanding of the wider agenda issues as they relate to sport and physical activity		✓	Int
<u>Skills in</u>			
Must be able to recognise discrimination in its many forms and willing to put the LCC's Equality Policies into practice. Commitment to Equal Opportunities	✓		Int
Good understanding of Child Protection; Child Development; Health and Safety and Sports Equity principles, policies and procedures	✓		App/Int
Knowledge and understanding of the structures and workings of county sports partnerships and school sports partnerships.	✓		Int
Working knowledge of local, regional and national sports organisations.		✓	Int
Understanding of inclusion opportunities and pathways for disabled young people		✓	Int
Good working knowledge of Microsoft Office ie Word, Excel, PowerPoint, Outlook.	✓		App/Int
	✓		

PERSON SPECIFICATION

Excellent verbal communication			Int/Test
Ability to motivate young children in physical activity	✓		Int/Test
Ability to communicate well with school staff, partner organisations, parents and families.	✓		Int
Able to work well in a team as well as individually.	✓		Int
Self-motivated, can work well under pressure and to a high standard.	✓		Int
Excellent organisational skills	✓		Int
Excellent time-keeping	✓		Int/Test
<u>Attitude and Temperament</u>			
Is a strong team player with good interpersonal abilities	✓		Int
Clean, neat and tidy suitable for customer orientated environment	✓		Int
Satisfactory DBS / Criminal Records Bureau check	✓		Int
<u>General Circumstances</u>			
Is able to travel around the City/County economically	✓		Int/App
Work hours flexibly	✓		Int/App
<u>Factors not already covered</u> Must be able to perform all duties and tasks with reasonable adjustment, where appropriate, in accordance with the provisions of the Disability Discrimination Act 1995.			

App = Application Form
 Int = Interview
 Med = Medical Questionnaire
 Certificates)

Test = Test
 Pre = Presentation
 Doc = Documentary Evidence (E.g.,